

**Meeting Minutes**

**Date:** April 28th, 2017

**Location:** Haynes Inman Educational Center, Jamestown, NC

**Scheduled Start Time**: 9:30

**Attendees:**

Council Members: Jolanda Hengstman, Barbara Meleney, Lara Brickhouse, Bob Beaudet, Teresa Hudson, Ann Hughes, Jennifer Parton, Ashlie Beavers, Amy Clark, Megan Davis, Kelly Givens, Kaky McPeak

DPI: Laurie Ray – Consultant for PT, Medicaid, and Liaison for APE

Guests: Brad Burke, APE, Rowan-Salisbury Schools, Morgan Wittman Gramann, Executive Director, NC Alliance for Health

\*\*ACTION Items Color Coded: All AC Individual

\*\*[Hyperlinks](file:///C:\NC-APE-AC\Meeting%20Minutes\2016%20Minutes\NC-APE.com) – Blue, underlined text is linked to additional info; press Ctrl+click link to access.

Jolanda called meeting to order.

1. **Greetings/Reminders/Quick Updates**
   1. Congratulations to Lara – 2017 National APE Teacher of the Year!
      * Lara was recognized at the DPI EC staff meeting April 24th, 2017
   2. Complete mileage form and send to Melinda Tomlinson at DPI for reimbursement.
   3. Latest Great Activities magazine now available – see Barb’s article on Field Day!
2. **Guest Speaker –** Morgan Wittman Gramann, Executive Director, [NC Alliance for Health](https://www.ncallianceforhealth.org/)
   1. NCAH is an independent, statewide coalition convening and mobilizing partners  
      to advance equitable health policies that promote wellness and prevent obesity and tobacco use.
   2. Ongoing projects:



* + - Including PE on the [School Report Card](https://ncreportcards.ondemand.sas.com/src/#/?_k=mpdibp)
    - Provision of useful information to encourage parent involvement
    - Monitoring and advocating for HB 13
    - Building relationship with NC Superintendent of Public Instruction, Mark Johnson
    - Promotion and support of quality physical education
    - Childhood Nutrition – [Healthy Corner Store](https://www.ncallianceforhealth.org/obesity-prevention/healthy-corner-store-initiative/)
    - Advocating for clear messaging on physical education versus physical activity
  1. HB 13 Update
     + Senate updated bill – decreased class size allotment by 1 pupil, eventually moving to decrease by 2-3 pupils
     + Still no word on funding from General Assembly
     + Most recent cost estimate = $320 million (I don’t even know how many zeros that is)

Only includes cost of teacher hires and employment

Does not include funding for additional physical classrooms, desks, chairs, trailers, etc

Visit [ncleg.net](file:///C:\NC-APE-AC\Meeting%20Minutes\2017%20Minutes\ncleg.net) for more information

* + - Sign up for NCAH’s listserve – lots of useful, up to date information provided

Email Morgan to be added: [morgan@ncallianceforhealth](mailto:morgan@ncallianceforhealth)

* + - All AC: Share information about NCAH with colleagues



1. **GREAT Activities:**
   1. AC stepping it up! CHEERS to everyone that volunteered!
   2. Encourage colleagues to submit
   3. Jolanda will create outline of requirements
   4. Upcoming issues:

|  |  |  |
| --- | --- | --- |
| Deadline | Issue | Responsible Party |
| August 1st | Sept-Oct | Jolanda |
| October 1st | Nov-Dec | Kaky |
| December 1st | Jan-Feb | Amy |
| February 1st | March-April | Lara |
| April 1st | May-June | Kelly |

1. **Upcoming Conferences/Presentations –** Including Proposal Deadlines:
   1. NC A&T APE Workshop
      * Ashlie is presenting APE 101 – Lara will email PPT
      * Roy Sanchez also presenting
   2. [National PE & School Sport Institute](http://nationalpe.com/), Asheville, July 24th – 26th, 2017
      * Two proposals submitted – THANK YOU Jolanda!

Make it Take it – Jolanda on lead

All AC: send ideas to Jolanda

Creating Inclusive, Healthy Active Schools – CMS colleague on lead (I think!)

* + - Third session decided

Specialized Recreation (bowling, bocce, disc golf, etc) – Lara on lead

* + - AC will also partner with US Games during applicable presentations to add a little APE flare!

Lara will follow-up with USG

* 1. [DPI Summer Institute](http://ec.ncpublicschools.gov/conferences-profdev/summer-institutes), Greensboro, July 24th – 28th, 2017
     + APE IEP Development – presented by the one and only Laurie Ray
     + Share with colleagues

Lara will share info via website and Twitter

Lara will email flyer/info to Dr. An (ECU) and Dr. Elliot (NC A&T) directly

* 1. [NCAAHPERD-SM Convention](http://www.ncaahperd-sm.org/cgi/page.cgi/_calendar.html?evt=31), Winston-Salem, November 2nd – 4th, 2017
     + Nominations and proposals due **July 1st, 2017**
     + AC has nominated the following:

NC APE TOY – **Teresa!**

Kaky will complete nomination paperwork

University – **Bob!**

Jennifer and Teresa will complete nomination paperwork

Outstanding Program – **Mecklenburg Co. Special Olympics!**

Jolanda will complete nomination paperwork

* + - AC presentations – TBD
  1. [DPI EC Conference](http://ec.ncpublicschools.gov/conferences-profdev/annual-conference), Greensboro, November 15th – 17th, 2017
     + Institute proposal deadline extended – **due May 8th**

Barb and Jolanda will submit proposal

* 1. Upcoming LEA Presentations
     + Iredell Co. – Jolanda



* + - Watauga, Ash, Allegany – Lara
  1. Conference Giveaways – Council SWAG!
     + Did you know – SWAG stands for Stuff We All Get (useless trivia)
     + Amy reported on pricing for magnets, stickers, lapel pins
     + AC decided magnets are a definite
     + Kaky will look into local Sheltered Workshops for less expensive option for stickers

1. **Treasurer Report**
   1. Current balance = $451.00
   2. Addition since our meeting – the domain for our website (not the website, but the rights to our website name…tech talk is confusing, I know) was renewed 5/8/17.
      * Lara paid $67.90 for 2 years
2. **Website Report**
   1. Page Views per Week = **633** (as of May 8th)
   2. <NC-APE.com> is the 5th result in a general search for “Adapted PE” via Google
   3. Webpage for [Wrightslaw](http://www.wrightslaw.com/info/pe.index.htm) has direct link to NC-APE.com’s FAQ Page
   4. Domain name renewed 5/8/17
   5. Website renewal 10/2/17 – hard to believe it’s already been TWO years since we last renewed!
3. **Activity Report**
   1. Laurie stated importance of Activity Report – data matters!
   2. All AC – continue to provide proof/data to [Activity Report](https://docs.google.com/spreadsheets/d/1kEUXuTxreuZx9ogNRJ5XS3I9pAddwPJBo9FUqXlZTdU/edit?usp=sharing)
      * If you’re not sure whether or not to add something to the spreadsheet, ADD IT! Every little bit counts.



* 1. Spreadsheet updated 5/7/18:
     + 3 new columns added for presentations:

Preparation Time

Travel Time

Presentation Time

1. **DPI Updates – Laurie** 
   1. APE Consultant Position – official posting intended for July
   2. Laurie continues to request for monitoring of APE through Policy and Monitoring Dept.
      * Does student require APE?
      * If so, are goals present in IEP?
      * Is progress reported?
   3. [DPI APE Lending Library](https://www.med.unc.edu/ahs/physical/schoolbasedpt/resources/lending-library/)
      * Being updated with photos and links
      * All AC – send suggestions to Laurie and copy Amy McLemore at [amy\_mclemore@med.unc.edu](mailto:amy_mclemore@med.unc.edu)
      * Lara will add link to library on NC-APE.com AND Tweet about it
   4. Regional EC Director’s Meeting
      * Dreama is working on adding AC to agenda
      * Fingers crossed we make the cut!
   5. ECATS – in the works
      * Will replace CECAS and house:
      * IEP forms

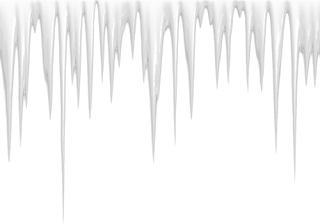


* + - Medicaid billing
    - MTSS
  1. New/redesigned IEP forms – intended roll out Fall 2017
     + Forms will be combined
     + Format of PLAAFP changing
     + APE listed as Special Factor – increased visibility in dropdown menu
     + Dropdown menu for goal section to include area addressed, goal, criterion, measure for progress, responsible service provider, and more.
     + Post-secondary education now embedded in IEP
  2. DPI version of APE Powerpoint in final stages – awaiting approval from Bill Elvey
     + Will be posted on [DPI APE webpage](http://ec.ncpublicschools.gov/instructional-resources/adapted-physical-education)
  3. Clarification on re-eval process – YIPEE!
     + In order to exit a student from APE, you must go through the re-eval **process**
     + A formal re-eval (e.g., assessment, eval) is not needed **if and only if** you have data to support exiting the student.



* 1. Service Delivery/Frequency – can of worms officially open…at least they’re gummy
     + What amount of specially designed instruction is the student receiving?
     + [SDI definition](http://nceln.fpg.unc.edu/sites/nceln.fpg.unc.edu/files/events/SDI%20Considerations%20April%202016.pdf)
     + Still confused? Request a SDI training from DPI!
  2. Potential guidance document on Laurie’s radar:
     + How to provide APE without APE Specialist

1. **Highlights from the SHAPE America National Convention, Boston 2017**



* 1. SO cold…oh so cold
  2. A southern accent goes a long way ;)-
  3. APE/PA Special Interest Group Annual Meeting
     + [SHAPE Exchange](http://community.shapeamerica.org/home) – join a “Community” to stay up to date
     + [NCPEID](http://www.ncpeid.org/index.php) continues to pave the way – great resource
     + NCHPAD – check out the [NCHPAD YouTube](https://www.youtube.com/user/NCPAD) channel
     + APEAS – new, mobile friendly version rollout intended for fall of 2017
     + Changing culture of PETE and APE Prep Programs – Dave Martinez, Univ. of Georgia

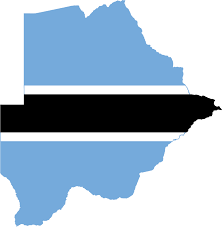
Proposal – combine SHAPE Standards + APENS Standards + NCPEID Recommendations to increase student knowledge of diverse learners

* 1. 2018 National Convention in combination with Southern District
     + March 20th-24th, Nashville, TN

1. **Regional News/Updates**
   1. University Level- Bob



* + - Group from Botswana visiting WCU for 1 week beginning July 12th





* + - Bob will present all things APE and be an amazing host!
    - AC members interested in assisting should contact Bob asap
    - Apparently, Lara thinks Ultimate Frisbee is Botswana’s main sport

1. **Structure of AC and Elections**
   1. Jolanda and Barb presented plaques to officers, certificates to members
      * Warm and fuzzy feelings abound!
   2. AC will reinstate two tier membership
      * Leadership Team

Mandatory attendance at all 4 meetings

Manage committees and presentations in their region

Voting rights

Annual dues = $30

Eligible to be elected for office

2 year commitment

* + - Membership

Mandatory attendance at November and April meeting

Actively participate on committees and presentations in their region

Annual dues = $20



Great Activities article submission

1 year commitment

* 1. Elections: officers will serve from April 2017 – April 2019
     + Chair: Barb

Barb’s platform – free ice cream at every meeting!

* + - Vice Chair: Lara

Lara’s platform – AC will no longer have to wait a month for meeting minutes!

* + - Secretary: Amy

Amy’s platform – no more pictures of pigs eating ice cream!

* + - Communications: Megan

Megan’s platform – she knows more about technology than anyone else in the room!

* + - Treasurer: Teresa

Teresa’s platform – trust and security…and we know where she lives!

1. **Future Meeting Dates**
   1. September 15th, 2017 – Haynes Inman (doesn’t Haynes Inman sound like a character from Cold Mountain?!)
   2. November 2nd or 3rd, 2017 – NCAAHPERD Conference
   3. February 2nd, 2017 – Haynes Inman
   4. April 27th, 2018 – Haynes Inman

Meeting adjourned 3:00pm